



## February's Calendar

- Feb. 3– School Open House 5:30-7pm
- Feb. 11– Wine Tasting Fund Raiser 7pm
- Feb. 12– Dinner and a Movie 12:30pm
- Feb. 14– School Open House 9am-3pm
- Feb. 17– Food for Thought 6pm
- Feb. 22– Ash Wednesday
- Feb. 25– Prayer Shawl Meeting 10am
- Feb. 28– Book Club 7pm

And of course Sunday School for all ages is every Sunday  
from 9:30-10:30am!

### Hymn of the Month:

This hymn is one of many that come from the tradition of the Church of England. Hymn writer Matthew Bridges first published this hymn, with a Latin title (*In capite ejus diademata multa*) in 1851. *It originally was a poem of six stanzas, but seemed to be printed differently, with almost every publication.*

Godfrey Thring wrote six new stanzas in 1874, and like the original, started each stanza with the words, "Crown Him."

Most modern hymnals use a combination of these two hymns.

The tune was composed by George J. Elvey, first appearing in 1868.

Through the poetry, we are reminded of our Lord Jesus, being crowned on the cross with thorns, as He triumphed over sin, death, and hell. Our King of kings and Lord of lords is indeed, Christ the King, as the new cross given to St. John's proclaims through art.

## Vacation Bible School

VOLUNTEERS and ATTENDEES mark your calendar for the week of June 18 for VBS. More information will follow. If you have questions or wish to volunteer, please contact Kathi Deahl at [kdeahl@stjohnschicago.org](mailto:kdeahl@stjohnschicago.org)

## Food for Thought

February's meeting will be **Feb. 17th at 6:00pm** at the Parsonage. Please contact Kristi with what you would like to bring to share! Last month's turn out was over 20 people! Praise the Lord for that wonderful fellowship! Be sure to join the fellowship!

## Sunday School

We have many VHS Sunday School movies and music videos. Can anyone copy them onto CD for us? I will, of course, provide the CDs. Contact me at 312-217-1219 or [kdeahl@stjohnschicago.org](mailto:kdeahl@stjohnschicago.org)

It is never too late to join Sunday School, Youth Group or Bible Study. We meet from 9:30 a.m. to 10:30 a.m. on Sunday mornings—  
Pre-3 year olds (Lap-Sit) in the 3 year old class room  
3 to 5 year olds in the preK, 4 year old class room  
First and Second grades in the first grade room  
Third through Fifth grades in the third grade room  
Sixth and up in the Science Room  
Pastor leads Bible Study in the Fellowship Room

## Dinner and a Movie



Ladies, mark your calendar for Sunday, February 12 for "What If" starring Kevin Sorbo. (What if you had your life all planned out just to discover that it wasn't up to you and God has a different plan for you?) A light lunch will be served at 12:30 followed by the movie and dessert with discussion. Women of all ages are welcome.

Mark your calendars for March 11 and April 15 for the next movie dates. The May date has not been scheduled.

**Cindy Garcia** meets on the Second and Fourth Wednesdays of the month (except during Lent) at her home and is studying Devine Design!

**Kristi Heinz** leads book club on the last Tuesday of the month in her home at 7:00 pm. The Book for February is *My Life in France* by *Julia Childs*.

**Kathi Deahl** meets on the first and third Mondays of the month in her home and is winding down the Women of the Bible Study!

**Barb Lieneweber** and her Prayer Shawl group meet on the last Saturday of the Month (**February 25**) from **10:00 a.m.** until Noon!

# *Reunited and it Feels So Good!*

## Three St. John's Classes Reunited in 2011

### Class of 1960

Seventeen of the thirty-five graduates of the St. John's Class of 1960 came together to renew friendships at their 50-year reunion held in August of 2011 at the home of Gisela (Bruedt) Meyer in Mt. Prospect. Actually, it was the 51<sup>st</sup> year, as the organizers of the event said they were having so much fun in making contacts and reliving their years at St. John's that it took them over a year to finally pull the event together. Two members of this Class are known to be deceased. This was not the class's first reunion as they celebrated their 25<sup>th</sup> reunion in 1985; and, the girls of the class have had several "pajama parties" in between.

### Class of 1961

In May of 2011 fifteen members of the Class of 1961 celebrated their 50-year reunion from St. John's at the Marriott O'Hare. There were forty members in the class, four of whom are now deceased. The friendships within this class stayed strong as a very large number of them went on to Luther High School North together. Their unique friendships have given them cause to have had several reunions during the past 50 years, with the largest number of them returning to St. John's for their 35-year reunion.

### Class of 1963

The Class of '63 could not wait till their 50-year reunion and decided to get members together for their 48-year reunion. Thirteen of the graduates met at St. John's in May of 2011 along with the Reverend Henry Rowold, fondly remembered as St. John's Vicar in 1963 when this Class was in eighth grade. Rev. Rowold went on to serve thirty-plus years as a LC-MS missionary to China and is now retired, living in St. Louis. Mr. Henry Knueppel, their seventh grade teacher, gave the Class a tour of the recently renovated school and church along with the bowling alley, which brought back many fond memories for the Class.

If you are alumni of St. John's and are interested in gathering your classmates together for a reunion, you can call Mr. Henry Knueppel through the church office (773/736-1112) to request any help he may be able to extend to you. He would be delighted to hear from you and to lend a helping hand!



Now that Winter is finally here, we're all anxiously awaiting the grilling season, if for no other reason than **St. John's Annual Church and School Picnic** at Linne Woods Grove! That's right! The date has been set, so mark your calendars for **June 3, 2012** for a beautiful outdoor Divine Service at 10:00 a.m. followed by a day full of raffles, games, grilling and fellowship!

**(The best part: proceeds this year will go to restoring and/or purchasing hand bells!)**





**Happy  
Birthday to:**

VIOLET ANDERSON  
 RUSSELL ANGLEMIRE  
 JOSEPH AZIZ  
 MICHAEL BANKO  
 BARBARA BANKS  
 ROBERT BENSON  
 BRIAN BOWMAN  
 NANCY BOWMAN  
 BRIANNA CASEY  
 SELENA CIECHAN  
 DANIEL COOPER  
 WALTER FLECHSIG  
 CORNELIA FREYER  
 CAROL FULLER  
 TAIRA GORO  
 SANDRA HAERTER  
 CLAUDIA HALE  
 JENNIFER HEALY  
 ANDREW HENDRICKSEN  
 DELL HEYN  
 BRIAN HICKEY  
 THOMAS HIZEL

HAYDEE IRIZARRY  
 PATRICIA JANNUSCH  
 KIMBERLY JENNINGS  
 MARTHA KALIS  
 ANN KEATON  
 ROBERT KELLER  
 SABRINA KHACHI  
 WILLIAM KIRBY  
 KEITH KLEIN  
 KRISTOFER KLEIN  
 ROBERT KRAAK

*Look at the  
 beauty  
 That surrounds  
 us all  
 All life and  
 nature  
 Created by our  
 Lord  
 And you are too  
 Created just to be  
 Everything that  
 God  
 Wants you to be.*

© By M.S.Lowndes.

FRED KRAFT  
 JENNIFER LEE  
 DAVID LYONS  
 GEORGE MARCUM  
 CHERYL MARGENTINA  
 HEIDI MATTIMORE  
 GREGORY MAUER  
 MARILYN MELERSKI  
 JAMES NIXON  
 ERIK NYHOLM  
 REBECCA ORTIZ  
 LARRY PAHLKE  
 RANDALL PATKE  
 LILLIAN PAYNE  
 MARY JO PENNIE  
 MARIA POLLOCK  
 MARIA RAFF  
 KATHLEEN RICH  
 SARAH RICH  
 MARIE SALYERS  
 NATHAN SANDBO  
 DOROTHY SCHNEIDER  
 HELEN SIEBOLD  
 INGRID SOLOMON  
 MARION SOSNA

FAITH SPIKE  
 FRED STARK  
 ANGIE STEIGERWALD  
 JULIANNE STEIGERWALD  
 BENJAMIN STERN  
 ANDREA STULGIES  
 CHRISTOPHER TENTLER  
 MICHAEL THOMPSON  
 GLEN TURENNE  
 EILEEN VIRGILIO  
 KYLE WALK-FAUST  
 VICKI WEDGBURY  
 JUDY WEIMER  
 JUDITH WILCZAK  
 PAUL WILCZAK  
 KIM WILSON  
 ERIC WISETTE  
 LESLIE WOJCIECHOWSKI  
 JAMES ZINK

**God's Blessings  
 to You All!**

## Member Highlight of the Month

Every month there will be an article highlighting a member of St. John's! This will help to give you a little more insight into the highlighted member's life and love of St. John's!

This month, I'd like to highlight our Pastor, Rev. Richard Heinz!

### **Tiffany: Tell us more about your Pastoral background.**

**Pastor:** From childhood, I loved Sunday School and Bible Class. In fact, a couple friends and I started attending an adult Bible class when we felt we were not getting enough "meat" in the topical Bible class for teens. In seventh grade at Christ Lutheran School, I began considering the pastoral ministry, and by the time I was a freshman in high school, I knew it is what I wanted to do with my life.

I attended Concordia College in River Forest, which transitioned to a university while I was there. From there I went to seminary in St. Louis. My vicarage year was at St. John's in Hannibal, Missouri, where I first met Doug and JoAn Markworth. After a final year of seminary, I was ordained and served Mt. Greenwood Ev. Lutheran on the south side of Chicago. Mt. Greenwood was a lovely and supportive congregation--a great place to spend one's time as a newly married couple, and then as parents of a newborn. And that is what God permitted to happen.

After almost four years there, the Lord called me to St. John's in Lanesville, IN. St. John's had a school, and we thought it would be a good place for Ben to spend his childhood. The Lord used us to serve that congregation for ten years.

At both congregations, I served the Lutheran Women's Missionary League as zone pastoral counselor. And during my time at St. John's, Lanesville, I began serving the national organization of Higher Things, which I enjoy to this day.

### **Tiffany: How did God lead you to St. John's, Chicago?**

**Pastor:** Humanly speaking, we were city people out in the country. It was a lovely place, but quiet and slow-paced. We hoped to return to city life someday. And we were not thrilled with our options for high school as those years drew closer for Ben.

In addition, I can't really explain it all, but it seemed like the experiences that the Lord was allowing or placing in my life all seemed to point to it being time for a change. I was the senior pastor, with one associate, in a congregation that could not really afford two pastors. So we let the district president know to share our names with appropriate congregations.

Then, in 2009, the Lord caused everything to happen in the right ways at the right time for me to be the final choice for St. John's call. We visited in May, and received the call a couple weeks later. God allowed everything to fall into place and blessed us in accepting the call and returning to Chicago.

### **Tiffany: What do you love most about St. John's?**

**Pastor:** This is hard to just pick one thing. I love how we are on the verge of exciting times -- in fact, we are IN exciting times for our parish! We have a fabulous location, with the public transportation and Montrose being a busy street. We enjoy wonderful facilities. We are in a beautifully diverse area. We are blessed with a thriving school, even as other congregations have had more difficulties. The Lord is blessing us with growth, as young couples and families are joining the church and enrolling in school! We pray that He will make us good neighbors to retain all these great people, and receive His gifts together!

But perhaps the thing that stuck out to us as I deliberated the call is the long tenures here. Pastor Blanke served actively over 20 years, and then in retirement for many more. Pastor Lutz served over 33 years. Pastor Lueke, before both of them, had served for over 50! And then of course, Henry Knueppel teaching for 40 years and continuing to serve in retirement. All of this clearly pointed to one thing: there is a love and respect for God's servants here, and they love and respect the people, bringing about these decades-long relationships. THAT is amazing in this day and age--a wondrous gift from God!

### **Tiffany: What is your favorite Bible verse?**

**Pastor:** Acts 2:42  
"And they devoted themselves to the apostles' doctrine and fellowship, to the breaking of bread, and to the prayers."  
This gives a picture of life in the Church,

from the very first days and weeks. They were constantly gathering, singing and praying the liturgy, receiving Jesus in His Word taught by the apostles, and in the "breaking of the bread" -- that is, the Lord's Supper. It is true today, and until Jesus returns. The Church is always to be concerned with what is most important: faithfully receiving God's gifts of Word and Sacrament in the context of the liturgy, and living lives of loving fellowship that flow from it all.

### **Tiffany: What is something that most people don't know about you?**

Hmm...I think by now that everyone knows what a Star Wars geek and Disney fan I am. Movie quotes and examples in my preaching reveal that I am a film buff. A number of people know that Kristi and I enjoy hosting and "taking" afternoon tea.

Many may not know that I was involved in theatre in high school and college. I enjoyed a few leading roles in high school, and then a number of "character roles" at Concordia. In fact, I have been in Agatha Christie's "The Mousetrap" twice! (I was Detective Sgt. Trotter at Manual High School in Peoria, and then played the mysterious Italian, Mr. Paravicini, at Concordia.) I enjoyed theater so much that it was my minor at Concordia.

**Many thanks to Pastor Heinz for taking the time to answer my interview questions!**



## A Note from the Trustees

### Help Us Upgrade our Fire System for the Church & School

Here is a perfect chance for stewardship! To bring us up to date with Chicago Fire codes, St. John's Trustee's are looking for volunteers to help with the installation of equipment for upgrading the fire system. This is a large project so we need all the help we can get! We are talking about the entire school (4 floors) and the church and basement. All the equipment has got to be brought to one location for a final

hook-up. If we were to contract this job, the expense would be too costly, so we are asking for your help, members and non-members. You don't have to know anything we will show you



what has to be done and if you know or want to learn, please come and help us.

Some of the work we need your help with:

- Running conduit and wire above the drop ceilings
- Mounting equipment to walls and doors
- Ceiling tiles remove and put back in place
- Bring equipment to each floor
- Cleaning up after installers so they can keep moving

Anything you can do would be most helpful to complete this project. If you have tools, please bring them as we don't have enough for everybody. Starting day will be announced once all the equipment and engineering is finalized. Please remember thing don't happen to our church & school unless you help.

Please contact Terry Wilczak at 708-243-8968.

## From the Nurse's Corner by Laura Weith

Here are three problems you can treat with simple over the counter remedies.

### Common Colds

The first way to treat a cold is to prevent it altogether. This can be done by keeping the germs away and practicing good hand hygiene. The Center for Disease Control recommends washing hands before, during, and after you prepare food and after you use the bathroom, change a diaper, touch garbage, or pet an animal. Don't be hasty when you wash your hands. Lather with soap and water and scrub for about 20 seconds --the time it takes to sing "Happy Birthday". Don't forget the back of your hands, between your fingers, and under your nails. When soap and water aren't available, use a hand sanitizer. You can stash a small container in your purse or briefcase.

Secondly, avoid getting too close to someone who is ill. Cold and flu

germs spread when a sick person sneezes or coughs. Cover your mouth and nose when you sneeze or cough. If you don't have a tissue, cough or sneeze into your sleeve. When you're sick stay at home so people around you don't catch your germs.

To ease cold symptoms, drink plenty of liquids and use petroleum jelly on a raw nose. Take aspirin or acetaminophen for a headache or fever (but never give aspirin to a child or teen). Also, eat chicken soup. The soup provides steam that may ease congestion and fluid that helps fight infection. Chicken soup also helps to reduce inflammation.

### Constipation

Instead for reaching for laxatives, you can exercise more, eat more fiber, and drink plenty of liquids -- eight glasses a day. Limit food high in fat and sugar. To add fiber to your diet, gradually increase your intake to at least 2 cups of fruit and 2 1/2 cups of vegetables a day. Other foods rich in fiber include wheat bran, whole-grain cereal and

bread, brown rice and dry beans.

Not enough? Try an over the counter bulk-forming laxative containing oat bran, psyllium, polycarbophil, or methycellulose.

### Minor Burns

Soak the burned area in cool water for at least 5 minutes to pull heat from the burn and reduce swelling. Then use a skin product that protects and heals the skin such as aloe vera cream or an antibiotic ointment. Wrap a dry gauze bandage around the burn and take something for pain.

Don't use butter or oil on burns on any degree burns.

For a variety of advice on using over the counter remedies safely, visit the US Food and Drug Administration at [www.fda.gov/drugs](http://www.fda.gov/drugs) and click on "Consumers" under "Resources for You". Remember however, if symptoms linger or worsen, call or see your doctor.

## New Member Classes

Classes to become a part of our St. John's family are every Thursday starting **February 2 through March 29 beginning at 7pm!** Call the Church office for more details!

## Open House

St. John's Lutheran School's first Open house is scheduled for **Friday, February 3rd from 5:30-7:00pm.** Further Open Houses will take place on **Tuesdays, Feb. 14th, March 13th, April 17th, and May 9th, from 9:00am.-3:00pm.** Be sure to tell all your friends and neighbors about the great Lutheran education St. John's has to offer!

## Thank you Thrivent for Lutherans

Thanks to members of Thrivent Financial for Lutherans, our church and school received \$5,811.00 during 2011 from the "Choice Dollars" benefit program that Thrivent sponsors. Go to [thrivent.com](http://thrivent.com) for more information or contact Ed Nelson (773-545-5255) and Pat Eggert (773-286-3376) for more information!



## Save the Date for PTL's First Annual Wine Tasting & Art Fair

This event will be taking place on Saturday, **February 11, 2012** starting at 7 pm in the gym. Join us for an unforgettable evening of fine wine tasting and bidding at our silent auction which will feature art created by St. John's students, certificates for a 2-1/2 hour demonstration at the French Pastry School, theatre tickets, fine dining certificates, passes to Brookfield Zoo and much, much more. This is an adult only event. Look for more event details on our website or email us at [ptl@stjohnschicago.org](mailto:ptl@stjohnschicago.org).

## St. John's is in the Chicago Sun-Times!

A lovely article has been written about St. John's and our bowling alley in the Chicago Sun-Times! The article written by Katie Drews on January 22, 2012, showcased St. John's bowling alley, providing history and publicity for our very own, unique and wonderful recreation and rental area! What a blessing to bring awareness to our community of how special St. John's really is! Remember you can reserve a three hour party in St. John's Bowling Alley for only \$120.00! Go to [stjohnschicago.org](http://stjohnschicago.org) to find a link to this lovely article!



**Speaking of Bowling...** Mark your calendars now for the **PTL's**

**Annual Candlelight Bowl** that will be taking place on **Saturday, March 10, 2012 at 5:30 pm.** This evening of fellowship and bowling will feature three games of bowling and a fabulous meal at Mont Clare Bowl in Chicago. Look for more event details on our website or email us at [ptl@stjohnschicago.org](mailto:ptl@stjohnschicago.org).

## Grace, mercy, and peace to you, dear Brothers and Sisters in Christ!

It's that time of year, when it seems one of us barely gets over a cold or virus of some kind, and someone else is getting it. The coughing, sneezing, stuffy head (beginning to sound like a NyQuil commercial?) wear us down. Most things end up with the prescription of "drink more liquids and get more rest, and it will run its course."

This world has its share of things that make us spiritually ill. As poor, sinful beings, we are susceptible to the temptations, the hassles, and the burdens of this life. We become tired and run-down. It is, indeed, like we are always sick.

Again, more liquids and more rest are what the Lord uses to make us well. The liquid of baptismal water that washed and regenerated you does wonders! That holy bath is a miracle in which the Holy Spirit cleansed you of the viral infestation of sin, death, and the devil. And now, every time you confess to your pastor and receive absolution, Christ returns you to the promises of that Baptism, and the healing He gave in it.

The liquid of His holy Blood is also vital. In the Holy Eucharist, Jesus gives you this precious Gift, along with His Body. Saint John's disciple, Ignatius of Antioch, referred to the Sacrament as the "Medicine of Immortality." the Lord uses this Blessed Sacrament to nourish and heal you, body and soul, preparing you for the resurrection



on the Last Day for eternal life with Him.

The Rest is the peace from our restored relationship with God. On the Church's Sabbath, the Lord's Day -- Sunday, we gather around His Word and Sacrament, where He forgives, and gives life and salvation. When He does this, we are not stuck in the frantic, haphazard craziness of this life. He gathers us calmly to Himself, and like a parent soothing a sick child, helping them relax and nap or go to bed for the night, He gives us the peace with God that gives true rest.

We can rejoice that the Lord is the Great Physician who makes us well. He gives us the liquids and rest that we need, giving us true health and strength. Now, no matter how we may feel with an earthly virus, we can rest, assured that Jesus has conquered any eternal illness, and has made us His own, so we will enjoy everlasting life with perfectly healthy bodies and souls! Amen.

Yours in Christ's service,  
Pastor Heinz

This year, Ash Wednesday is February 22nd. Ash Wednesday is the name given to the first day of the season of Lent, in which the Pastor applies ashes to the foreheads of Christians to signify an inner repentance. These ashes remind each penitent of their sinfulness and mortality, and, thus, their need to repent and get right with God before it is too late. The cross reminds each penitent of the good news that through Jesus Christ crucified, there is forgiveness for all sins, all guilt, and all punishment.